MARCH 2023

CENTRAL YORK 4-6

LUNCH MENU

LUNCH PRICES

Students - \$2.60 Reduced - \$.40 Adults -\$4.10 Milk - \$0.80 Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk.

Alternative Milk Choice: Soy and Lactaid

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change Daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| | | French Toast Sticks *Sausage Links Hash Brown Juice Cup Fruit Milk 1 | Cheese Steak Sandwich Pierogies Steamed Broccoli Fruit Milk 2 | Breaded Mozzarella Cheese Sticks w/Marinara Sauce Seasoned Green Beans Fruit Milk |
| Big Daddy's Pizza Peas Fruit Milk | Walk Away Taco's w/Meat & Cheese Lettuce/Tomato Cup Spanish Rice,Ranchero Beans Fruit, Milk 7 | Pasta w/Meat Sauce Garlic Knot Vegetable of the Day Fruit Milk | EARLY DISMISSAL Munchable Kit Paradise Punch Fruit Milk 9 | NO SCHOOL |
| NO SCHOOL | Nacho Dippers w/Meat & Cheese Salsa/Sour Cream Fiesta Beans/Churro Fruit Milk 14 | Chicken Poppers Mashed Potatoes Gravy, Corn, WG Roll Fruit Milk 15 | Cook's Choice Seasoned Carrots Fruit Milk | Baked Mac & Cheese w/Toppings California Blend Vegetable Fruit Milk |
| French Bread Pizza Baked Beans Fruit Milk | Cheeseburger French Fries or Onion Rings Glazed Carrots Fruit Milk 21 | Thai Chicken & Noodles Vegetable Stir Fry Fruit Milk | Meatball Sub Choice of Chips Peas Fruit Milk 23 | EARLY DISMISSAL Lunch Kit Paradise Punch Fruit Milk 24 |
| Cheese Pizza Sticks w/Marinara Sauce Winter Blend Vegetable Fruit Milk 27 | Soft Shell Taco's w/Meat & Cheese Lettuce/Tomato Cup Mexican Fiesta Rice Tex Mex Veg, Fruit, Milk 28 | Toasted Cheese Sandwich Tomato Soup Gold Fish Crackers Fruit, Milk | Chicken Nuggets Scalloped Potatoes Steamed Broccoli Fruit Milk 30 | Fish Shapes Creamy Mac & Cheese Seasoned Green Beans Fruit Milk |