MARCH 2023 CENTRAL YORK HS/MS

LUNCH MENU

LUNCH PRICES

Students - \$2.80 Reduced - \$.40 Adults -\$4.10 Milk - \$0.80 Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change Daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		French Toast Sticks *Sausage Links Hash Brown Juice Cup Fruit Milk 1	Cheese Steak Sandwich Pierogies Steamed Broccoli Fruit Milk 2	Breaded Mozzarella Cheese Sticks w/Marinara Sauce Seasoned Green Beans Fruit Milk
Big Daddy's Pizza Peas Fruit Milk	Walk Away Taco's w/Meat & Cheese Lettuce/Tomato Cup Spanish Rice,Ranchero Beans Fruit, Milk 7	Pasta w/Meat Sauce Garlic Knot Vegetable of the Day Fruit Milk	EARLY DISMISSAL Deli Sandwich Chips Paradise Punch, Carrot Pack Fruit, Milk 9	NO SCHOOL
NO SCHOOL 13	Nacho Dippers w/Meat & Cheese Salsa/Sour Cream Fiesta Beans/Churro Fruit Milk 14	Chicken Poppers Mashed Potatoes Gravy, Corn, WG Roll Fruit Milk	Cook's Choice Seasoned Carrots Fruit Milk	Baked Mac & Cheese w/Toppings California Blend Vegetable Fruit Milk
French Bread Pizza Baked Beans Fruit Milk	Cheeseburger French Fries or Onion Rings Glazed Carrots Fruit Milk 21	Tangerine Chicken Fried Rice Vegetable Stir Fry Fruit Milk 22	Meatball Sub Choice of Chips Peas Fruit Milk 23	EARLY DISMISSAL Deli Sandwich Chips Paradise Punch, Carrot Pack Fruit Milk 24
Cheese Pizza Sticks w/Marinara Sauce Winter Blend Vegetable Fruit Milk 27	Soft Shell Taco's w/Meat & Cheese Lettuce/Tomato Cup Mexican Fiesta Rice Tex Mex Veg Fruit, Milk 28	Toasted Cheese Sandwich Tomato Soup Gold Fish Crackers Fruit Milk 29	Chicken Nuggets Scalloped Potatoes Steamed Broccoli Fruit Milk 30	Shrimp Poppers Creamy Mac & Cheese Seasoned Green Beans Fruit Milk 31