JANUARY 2023

CENTRAL YORK K-3

LUNCH MENU

LUNCH PRICES

Students - \$2.60 Reduced - \$.40 Adults -\$4.10 Milk - \$0.80 Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy, Lactaid,

and Plant Base.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change Daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 2	Nacho Dippers w/Meat & Cheddar or Queso Cheese Salsa/Sour Cream/Churro Black Beans/Fruit/Milk Alt-Toasted Cheese	Sloppy Joe Sandwich French Fries Steamed Carrots Fruit, Milk Alt- Toasted Cheese	Stromboli Chef Blend Vegetables Baked Beans Fruit, Milk Alt- Toasted Cheese 5	Chicken Poppers Mashed Potatoes Corn/Gravy Fruit, Milk Alt - Toasted Cheese
Cheeseburger French Fries/Onion Rings Glazed Carrots Fruit Milk Alt - Chicken Patty	French Bread Pizza Baked Beans Fruit Milk Alt - Chicken Patty	Chicken & Cheese Quesadilla Mexican Fiesta Rice Corn Fruit, Milk Alt - Chicken Patty	Meatball Sub Oven Potatoes Green Beans Fruit Milk Alt - Chicken Patty	EARLY DISMISSAL Deli Sandwich Baked Lays Chips Paradise Punch Fruit Cup, Milk 13
NO SCHOOL	Cheese Pizza Sticks Marinara Sauce Peas Fruit Milk Alt - Lunch Kit	Chicken Nuggets Scalloped Potatoes Mixed Vegetables Fruit Milk Alt - Lunch Kit	Chili Cheese Bread Stick Glazed Carrots Fruit Milk Alt - Lunch Kit	Fish Shapes Creamy Mac & Cheese Lima Beans Fruit Milk Alt - Lunch Kit
Deep Dish Pizza Baked Beans Fruit Milk Alt - Deli Sandwich	Chicken Tenders Seasoned Rotini Steamed Carrots Fruit Milk Alt - Deli Sandwich	French Toast Sticks *Sausage Links Hash Brown Juice Cup/Fruit Milk Alt - Deli Sandwich	Cheese Steak Sandwich Pierogies Steamed Broccoli Fruit Milk Alt - Deli Sandwich	Breaded Mozzarella Cheese Sticks & Breaded Ravioli Marinara Sauce Fruit Milk Alt: Deli Sandwich
Big Daddy's Pizza Green Beans Fruit Milk Alt: Munchable Kit 30	Chicken Pot Pie Peas Fruit Milk Alt: Munchable Kit 31			